



About the Academy

Further Education Institution: La Houppette Academy

Educators: Elysia Farrugia, Roxane Vella

Course Programme Title:

Award in Nail Enhancement Technology

MQF (and EQF) Level 4 and 5 ECTS

Price: 1500 euro

The price includes product kits and tools needed to finish the course. No additional charges will be applied in the duration of the course. Deposit is required upon registration and the rest of the payment is to be made before the last lesson to proceed for assessments and certification.



For third country nationals, who wish to enrol for this course, below is a link to identify Malta's VISA application

<https://www.identitymalta.com/unit/central-visa-unit/>

Mode of delivery: fully face-to-face learning which takes place at

La Houppette Academy

John F. Marks Street

San Gwann

Total learning hours: 125 of which

Contact hours 45hours

Self-study hours 28 hours

Hands-on hours 37 hours

Assessment hours 15 hours

Intakes open all year, highly dependent upon availability of educator. Lessons usually scheduled for Saturdays or evenings during the week and are conducted in full days or half days.

Mode of attendance: part-time and duration of 3 months

This course programme is targeted towards individuals who are at least 16 years of age and wish to pursue a carrier in the nail industry. It is conducted mostly in Maltese (or English if there are non-Maltese speakers), and the supplied notes are in English and explained thoroughly during lessons.

Aspiring applicants are expected to possess Secondary school certificate and Profile and basic knowledge in nail enhancements. Should be able to communicate in English or Maltese and be over sixteen years of age. Being creative, having knowledge in basic arts would also be considered as an advantage.

Structure of Modules:

Module 1 – 2 lessons in week 1

Module 2 – 3 lessons in week 2 and week 3

Module 3 – 4 lessons in week 4 and week 5

Module 4 – 1 lesson in week 6

Exams – theory in week 7, practical sessions in weeks 8-12

MODULE 1 – MANICURES & SOAK OFF GEL POLISH (ECTS 1 MQF 4)

10 contact hours, 6 self-study hours, 6 hands-on hours and 3 assessment hours

Lesson 1-

Importance of desk set up and salon hygiene

Product information

Preparation and manicuring techniques

Different nail files and buffing natural nails

French and full gel polish application

Hands on applications

Critique and assessments

Lesson 2-

Soak-off soft gel applications over gel polish

Soak-off soft gel applications over natural nail

Hands on applications

Correct removal techniques

STUDENTS WILL BE ASSESSED ON TWO SESSIONS:

1. FULL SET FRENCH FINISH GEL POLISH APPLICATION
2. SOAK OFF (REMOVING OLD PRODUCT) AND FULL COLOUR GEL POLISH APPLICATION WITH A LAYER OF SOFT GEL APPLICATION ON TOP.

Learning Outcomes

Knowledge – at the end of the module/unit the learner will have been exposed to the following

- i. attain a sound knowledge of manicuring the skin surrounding the nail and preparing a nail for enhancements

- ii. be acquainted with different types of files and buffers and be proficient in choosing the right buffer for a natural nail and the right file for filing the right product.
- iii. be conversant about different nail types and what product is most appropriate for different clients
- iv. acquire the knowledge of correct removal of the artificial product
- v. be acquainted with different brands and products available on the market

Skills – at the end of the module/unit the learner will have mastered the following skills

Applying Knowledge

- i. Establish the client's requirements for her type of nail plate and make use of the most beneficial products for the client.
- ii. Recognize the different use tools for different services.
- iii. Adjust actions or decisions in relation to different criteria of each nail
- iv. Advise the client of appropriate homecare for her type of nails

Communication skills

- i. Maintain a dialogue with the client during the service to impart any knowledge of how the client uses her nails.
- ii. Pay attention to the client's requests
- iii. Discuss any problematic nails and consult proper usage of the nails

Judgmental skills

- i. Determine what tools should be used and in what ways.
- ii. Assess which service and products should be used for each particular client according to their requests and how they use their hands.
- iii. Analyse a problem nail and advise proper care or refer to specialized persons.
- iv. Evaluate nails before choosing a style or product.

Learning skills

- i. Gain confidence in the procedures and steps of preparing and manicuring natural nails prior to applying any artificial products
- ii. Apply a proper application of soak off gel polish to a set of natural nails.
- iii. Gain the required knowledge of different types of nail plates and different types of products
- iv. Removal and soak off techniques involving natural nails and soak-off gel polish, and caring for the natural nails in the process.
- v. Repair various damaged nails that may arise (these can vary from a torn natural nail to a chipped soak off gel polish)
- vi. Manage own learning in terms of communicating with clients during hands on practice on model clients.
- vii. Maintain the work desk organized and sanitized at all times

Competences

- i. Be responsible for analysing and evaluating certain nail conditions and how to act around them when using soak off gel polishes
- ii. Provide assistance in choosing home care products for clients and advise correct use of natural nails
- iii. Identify the different needs of individual clients and the handling and treatment of each of her different nails
- iv. Observe nail damages, obtain information of how she uses her hands and what her daily jobs involving her hands are
- v. Set up nail care plans for each client to achieve best results
- vi. Be responsible that the products and techniques used on their clients, would not harm their natural nailbeds and that the products used will remain satisfactory until their next appointment.

MODULE 2- GEL NAIL ENHANCEMENTS (ECTS 1 MQF 4)

8 contact hours, 7 self-study hours, 8 hands-on hours and 2 assessment hours

Lesson 1 –

Gel chemistry

Nail anatomy

Polymerization – LED vs UV

Product introduction

Demonstration of gel application without finish filing

Hands on gel application

Salon hygiene and cross infections discussion

Lesson 2 –

Demonstration of ordinary tip application and clear gel over plastic tip

Hands on applications

Demonstration of cover pink gel application with French gel finish

Hands on application

Finish filing demonstration (correct file positions, file graduation and buffing techniques)

Lesson 3 –

Critique and evaluations on homework

Backfill demonstration and practice

Full set trial exercise under supervision

Finish filing practice and critique

STUDENTS WILL BE ASSESSED ON THREE SESSIONS

1. FULL SET GEL EXTENSIONS WITH FRENCH GEL POLISH FINISH
2. BACKFILL OF A FULL SET OF NAILS WITH FULL COLOUR FINISH
3. WRITTEN

Learning Outcomes

Knowledge – at the end of the module/unit the learner will have been exposed to the following

- i. attain a sound knowledge of gel chemistry and polymerization under different lights
- ii. be acquainted with different methods and ways of using the gel to tailor to the clients' needs

- iii. acquire the knowledge of the nail anatomy
- iv. be acquainted with different types of files and buffers and be proficient in choosing the right buffer for a natural nail and the right file for filing the right product.
- v. be conversant about different nail types and what lengths and shapes are most appropriate for different clients, whilst being cautious to listen carefully to their client requirements in doing so. In addition to this the nail technician must not be shy to give their opinion to their clients, because if the client's request leads to damaging the nail in any way, or length requested is longer than the suggested ratio of 1:1 (which usually leads to horrible breakages) the nail technician will be to blame.
- vi. acquire the knowledge of correct removal of the artificial product in comparison to soak-off techniques applied in Module 1
- vii. be acquainted with different brands and products available on the market

Skills – at the end of the module/unit the learner will have mastered the following skills

Applying knowledge and understanding

- i. Extend a person's fingernails using plastic tip extensions and builder gel overlay for reinforcement.
- ii. Establish the client's requirements for her type of nail plate and decide which service is of benefit to the client.
- iii. Determine what tools and products should be used for that service, and take extra caution when using them
- iv. Assess and treat each nail accordingly
- v. Recognize dangers of skin infection and importance of salon hygiene.
- vi. Advise the client of correct homecare for her gel nails

Communication skills

- i. Maintain a dialogue with the client during the service to impart any knowledge of how the client uses her nails.
- ii. Pay attention to the client's requests
- iii. Recognise most of the common skin and nail infections when the client approaches them and have the ability to take necessary action required.

Judgmental skills

- i. Assess which service and products should be used for each client according to their requests and how they use their hands.
- ii. Analyse a problem nail and advise proper care or refer to specialized persons
- iii. Determine when one should not apply product after accident of a damaged nail (in case of the natural nail having a fresh open wound or an infection)
- iv. Evaluate nails before choosing a style or product.
- v. Adjust actions or decisions in relation to different criteria of each nail.
- vi. Advise the client on reasonable lengths, fashionable colours in season and shape trends.

Learning skills

- i. Gain confidence in the procedures and steps of extending the natural nails using plastic tips and builder gel
- ii. Learn both the theoretical and practical necessities for performing a service correctly
- iii. Gain the required knowledge of different types of nail plates and different types of products
- iv. Repair a damaged gel nail broken by accident by the client (this can vary from a broken corner to a completely missing free edge of the enhancement)
- v. Learn how to remove product correctly
- vi. Manage own learning in terms of communicating with clients during hands-on practice on model clients.

Competences

- i. Be responsible for analysing and evaluating certain nail conditions and how to act around them when working with gel products
- ii. Provide assistance in choosing home care products for clients and advise correct use of gel nails
- iii. Identify the different needs of individual clients and the handling and treatment of each of her different nails
- iv. Observe gel nail damages, obtain information of how the client uses her hands and what the client's daily jobs involving the hands are.
- v. Set up nail care plans for each client to achieve best results.
- vi. Create the perfect nail structure for each different client.

MODULE 3 – ACRYLIC NAIL ENHANCEMENTS (ECTS 2 MQF 4)

20 contact hours, 10 self-study hours, 15 hands-on hours and 5 assessment hours

Lesson 1 –

Acrylic chemistry

Stages of acrylic

Product introduction

Brush care

Demonstration of acrylic polymerization

Hands on practice

Demonstration of acrylic application on a plastic tip

Hands on practice

Lesson 2 –

Nail anatomy revised and refreshed from module 2

Common nail diseases (further research as homework)

Tip application revised and introduction to different forms of tips that exist

Demonstration of acrylic application on natural nail with tip extension

Hands on applications

Demonstration of finish filing techniques

Hands on practice on previous acrylic nails

Lesson 3 –

Discussion on research homework from lesson 2

Demonstration of various nail styles (oval, square, natural round)

Hands on practice

Different acrylic nail files

Red gel polish application on acrylic nails

Lesson 4 –

Backfill techniques demonstration

Hands on practice

Full set acrylic with gel polish finish trial under supervision

Critique and assessment

STUDENTS WILL BE ASSESSED ON THREE SESSIONS

1. FULL SET PINK AND WHITE FRENCH ACRYLIC EXTENSIONS
2. BACKFILL OF A FULL SET OF NAILS WITH FULL COLOUR FINISH
3. WRITTEN

Learning Outcomes

Knowledge – at the end of the module/unit the learner will have been exposed to the following

- i. attain a sound knowledge of acrylic chemistry and stages of acrylic
- ii. be acquainted with the different acrylic powders and the whole procedure for extending natural nails using acrylic
- iii. acquire the knowledge of structuring the nail to the desired shape by using the acrylic rather than the nail files in order to minimise excessive filing.
- iv. be acquainted with different methods and ways of using the acrylic to tailor to the clients' needs, repeating the importance of safety prior to request of the client mentioned in Module 2
- v. acquire the knowledge of the nail anatomy
- vi. be acquainted with different types of files and buffers and be proficient in choosing the right buffer for a natural nail and the right file for the required result
- vii. be conversant about different nail types and what lengths and shapes are most appropriate for different clients.
- viii. acquire the knowledge of correct removal of the artificial product in comparison to the removal techniques in Module 1 and 2.
- ix. attain knowledge of how to efficiently sanitize and disinfect tools, implements and the work area
- x. be acquainted with different brands and products available on the market. By choosing the right brand and products, they will be able to be very confident about the product being used and this will produce a better result. When the nail technician is confident with the product she is currently using, she will also be able to give precise suggestions.

Skills – at the end of the module/unit the learner will have mastered the following skills

Applying knowledge and understanding

- i. Extend a person's fingernails using plastic tip extensions and an acrylic overlay for reinforcement.
- ii. Establish the client's requirements for her type of nail plate and decide which service is of benefit to the client
- iii. Take extra care when applying nail extensions on nail biters, and advise, these types of clients especially, that when doing nail extensions for the first time nails should be done at a very short length until they get used to them.
- iv. Adjust actions or decisions in relation to different criteria of each nail
- v. Advise the client of correct homecare for her acrylic nails

Communication skills

- i. Maintain a dialogue with the client during the service to impart any knowledge of how the client uses her nails.
- ii. Pay attention to the client's requests
- iii. Discuss any problematic nails and consult proper usage of the nails

Judgmental skills

- i. Assess which service and products should be used for each particular client according to their requests and how they use their hands.
- ii. Determine what tools and products should be used for that service.
- iii. Analyse a problem nail (infection) and advise proper care or refer to specialized persons
- iv. Determine when one should not apply product after accident of a damaged nail (damaged nail meaning infection or severe trauma of the nail caused by breakage)
- v. Evaluate nails before choosing a style or product.
- vi. Advise the client on reasonable lengths, fashionable colours in season and shape trends.

Learning skills

- i. Gain confidence in the procedures and steps of extending the natural nails using plastic tips and acrylic
- ii. Learn both the theoretical and practical necessities for performing a service correctly
- iii. Gain the required knowledge of different types of nail plates and how they should be treated aesthetically
- iv. Repair a damaged acrylic nail
- v. Learn how to remove product correctly
- vi. Manage own learning in terms of communicating with clients during hands-on practice on model clients.
- vii. Learn salon hygiene and how infections can pass from client to client or even to the nail technician, thus the importance of clean and organized work desk and safety precautions such as disposable gloves.

Competences

- i. Be responsible for analysing and evaluating certain nail conditions and how to act around them when using acrylic products.
- ii. Provide assistance in choosing home care products for clients and advise correct use of acrylic nails
- iii. Identify the different needs of individual clients and determine which gel or acrylic is most appropriate for a service
- iv. Observe nail damages and conclude on how the damage should be repaired.
- v. Set up nail care plans for each client to achieve best results

MODULE 4 – ADVANCED APPLICATIONS AND TECHNIQUES IN GEL AND ACRYLIC

7 contact hours, 5 self-study hours, 8 hands-on hours and 5 assessment hours

Lesson 1 –

Form tailoring and proper application

Acrylic application on form

Pinching techniques

Filing techniques

Different shapes and styles

STUDENTS WILL BE ASSESSED ON FULL SET EXTENSIONS ON FORM WITH FIVE NAILS IN GEL AND FIVE NAILS IN ACRYLIC

Learning Outcomes

Knowledge – at the end of the module/unit the learner will have been exposed to the following

- i. attain a sound knowledge of the stages of acrylic and how they can be used to the nail technician's advantage when extending on sticker forms
- ii. be acquainted with the different acrylic powders and coloured acrylic powders
- iii. be acquainted with different shapes of nail beds and attain the knowledge of tailoring the plastic sticker form according to the nail bed. At this stage, the nail technician will have better options and knowledge regarding the best technique to use to extend or enhance her client's nails. A nail biter is better off with acrylic enhancements, a perfect nail bed is better enhanced with just soak off gel polish and sticker forms are more easily used on normal nails that have an even nail bed.

- iv. acquire the knowledge of tools that are used in the procedure of extending the natural nail using a plastic form and acrylic or gel
- v. be acquainted with different types of files and buffers and be proficient in choosing the right buffer for a natural nail and the right file for the required result
- vi. suggesting to the client, that if she is doing her nail extensions, whether Gels or Acrylics, if nail extensions are being done for the first time, re-visiting the salon after just two weeks would be a wise option to take due to lack of experience with the nail extensions or in case that the product is not compatible with the client.

Skills – at the end of the module/unit the learner will have mastered the following skills

Applying knowledge and understanding

- i. Extend a person's fingernails using plastic forms and an acrylic or gel overlay for reinforcement.
- ii. Modify and tailor nail moulds according to each different nail bed.
- iii. Recognize different working stages of the product and use perfect timing to pinch and mould the products as desired.
- iv. Advise the client of correct homecare for her acrylic or gel nails

Communication skills

- i. Maintain a dialogue with the client during the service to impart any knowledge of how the client uses her nails
- ii. Pay attention to the client's requests

Judgmental skills

- i. Plan out a colour scheme or design for the set and establish the coloured powders and products that will be used during the session
- ii. Evaluate nails before choosing a style or product.
- iii. Determine when one should not apply product after accident of a damaged nail
- iv. Advise the client on reasonable and safe lengths, fashionable colours in season and shape trends that are appropriate and mostly suit the client
- v. Adjust actions or decisions in relation to different criteria of each nail.

Learning skills

- i. Gain confidence in the procedures and steps of extending the natural nails using plastic forms
- ii. Repair a damaged nail using plastic forms instead of pre-tailored tips
- iii. Learn both the theoretical and practical necessities for performing a service correctly
- iv. Gain the required knowledge of different types of nail plates and how they should be treated aesthetically
- v. Learn how to tailor a form correctly according to all different types of nail beds

Competences

- i. Produce a more customized set of nails using and tailoring nail forms instead of plastic tips.
- ii. Obtain information of how the client uses her hands and what the client's daily jobs involving the hands are to assist in choosing a nail style
- iii. Achieve a professional standard of servicing a full set of gel or acrylic nails using an advanced method of extending the natural nail